



## **Drug and Alcohol Abuse Prevention Program**

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## **INTRODUCTION**

Bethesda University (BU) is committed to providing its students, faculty and employees a drug and alcohol-free workplace and learning environment. Toward that end, BU prohibits the unlawful possession, use, manufacture, or distribution of unauthorized drugs and alcohol in the workplace, on the campuses, or at any BU activities. BU, including each of its colleges and centers, shall provide a safe, responsive environment for all students, faculty and employees.

## **DRUG-FREE SCHOOLS AND COMMUNITIES ACT (DFSCA)**

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require Bethesda University to certify that it has implemented programs to prevent the abuse of alcohol and use, and /or distribution of illicit drugs both by BU students and employees either on its premises and as a part of any of its activities. At a minimum, BU must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and alcohol abuse.
- A description of any drug or alcohol counseling, treatment, or rehabilitation or reentry programs that are available to employees or students.
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct or law.

## **DRUG AND ALCOHOL ABUSE PREVENTION PROGRAM (DAAPP)**

Bethesda University affirms its responsibility and commitment to maintaining a drug-free educational environment and workplace. The University prohibits the unlawful manufacture, distribution, dispensing, possession, or use of controlled substances on college property or while conducting its business, regardless of location. Bethesda University's Board of Trustees requires strict compliance to the Drug-Free Schools and Communities Act Amendment of 1989, Public Law 101- 226, as the same may from time to time be amended.

Bethesda University is concerned about the health and welfare of its students and employees. It recognizes alcohol/drug dependency as an illness and a major health problem. The University also adheres to local, state and federal laws regarding substance abuse and strives to create a

healthy and productive academic, work and social environment. The abuse of alcohol and drugs raises not only serious health issues for those involved, but also can lead to accidents, poor productivity, property damage and even personal injury. In compliance with the federal Drug-Free Schools and Campuses Regulations, as well as the federal Drug-Free Workplace Act, Bethesda University has adopted policies that require students and employees to assist in maintaining a campus environment free from the effects of alcohol, drugs or other intoxicating substances.

Students are prohibited from the following when attending classes, when attending any University-sponsored activity or program regardless of location, while on campus, or while in any vehicle used for university business. Similarly, employees are prohibited from the following when reporting for work, while on the job or performing job related functions regardless of location, while attending any University-sponsored activity, while on campus, or while in any vehicle used for university business.

Specifically, students and employees are prohibited from the following:

- The unlawful use, possession, transportation, manufacture, sale or other distribution of an illegal or controlled substance or drug paraphernalia, or the misuse of or distribution to anyone other than the person to whom prescribed, of any prescription drug.
- The unauthorized use, possession, transportation, manufacture, sale or other distribution of alcohol.
- Being impaired by alcohol regardless of blood alcohol level, or having a blood alcohol level at or over the legal limit, whether visibly impaired or not.
- Having a detectable amount of an illegal or controlled substance in the blood or urine (whether visibly impaired or not), or abuse of any controlled substance or prescription medication.
- Tobacco and Cannabis use

Bethesda University has a responsibility to its students and employees to provide a safe and healthful environment. Research findings show that smoking and the breathing of secondhand smoke, as well as the use of smokeless tobacco (chew) and exposure to tobacco spit in any District owned or leased property, constitute a significant health hazard. To enable the University to fulfill this responsibility, Bethesda University has imposed the following restrictions:

- No use of tobacco or cannabis products is permitted within any University facility.
- No use of tobacco or cannabis products is permitted on the grounds of any University-operated/leased athletic field or facility.
- No use of tobacco or cannabis products is permitted in university-owned vehicles.
- The sale of tobacco or cannabis products is prohibited..
- No use of Alcoholic Beverages on all University property.

Bethesda University campus has been designated as drug-free and consumption of alcohol is not permitted. The possession, sale, manufacture or distribution of any controlled substance is illegal under both state and federal laws. Such laws are strictly enforced by the University's Office of General Affairs. Violators are subject to disciplinary action, criminal prosecution, fine and imprisonment. It is unlawful to sell, furnish or provide alcohol to a person under the age of 21. The possession of alcohol by anyone under 21 years of age in a public place or a place open to the public is illegal. It is also a violation of this policy for anyone to consume or possess alcohol in any public or private area of campus. Organizations or groups violating alcohol or substance policies or laws may be subject to sanctions by the University.

## **DRUG-FREE CAMPUS POLICIES**

Recognizing that our bodies are the temples of the Holy Spirit, BU requires that its campus, faculty, staff, and students be drug free. The school, including all departments and affiliated institutions within it, expressly prohibits the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance on the campus and premises. Violation of this policy will result in the immediate dismissal from the school of any student or employee involved in any of these activities. Employees must, as a condition of employment, abide by the above stated policy and report any conviction under a criminal drug statute within five days of its occurrence. This report must be submitted to the Office of General Affairs.

Any student or employee using alcohol or the unlawful possession, use, or distribution of illicit drugs while on the properties owned or used by BU will be immediately dismissed. In addition, students or employees involved in such illegal activities are subject to legal prosecution under federal, state, and local law and may be liable for personal injuries or property damage that occur when participating in the above activities.

The school does not sponsor drug or alcohol counseling, treatment, or rehabilitation programs. Students and employees, however, should know that the Southern California area is blessed with many fine drug and alcohol counseling treatment and rehabilitation programs.

This policy is acknowledgement of BU's compliance with Government Code Section 8355 and the Drug-Free Schools and Communities Act of 1989 (Public Law 101-226.)

## **UNIVERSITY DISCIPLINARY SANCTIONS FOR VIOLATION OF POLICY**

### University Employees

Faculty or staff who violate this policy will be handled under the appropriate discipline policy. Sanctions may include disciplinary action up to and including termination of employment.

Disciplinary action may include participation in and successful completion of a drug and alcohol rehabilitation program approved by the University.

BU will not tolerate employees that are impaired by or under the influence of alcohol or drugs while working.

In cases where the use of alcohol or drugs poses a threat to the safety of other people or property, employees must report the violation. Employees who violate our Substance Abuse Policy will be subject to disciplinary action, up to and including termination.

All tested employees will be able to receive a copy of the laboratory results that certify the results or the testing done. It is a condition of the employment and continued employment with BU that employees comply with the Substance Abuse Policy.

As a part of BU's policy to ensure a drug and alcohol-free workplace, within the limits of applicable federal, state, and local laws, BU reserves the right, in its sole discretion, to test for drugs and alcohol at its own expense. Some such situations may include, but are not limited, to the following:

- In conjunction with an offer of employment with BU.
- Where there are reasonable grounds for believing an employee is under the influence of alcohol or drugs.
- As part of an investigation of any accident in the workplace in which there are reasonable grounds to suspect alcohol and/or drugs contributed to the accident.
- On a random basis, where allowed by statute.
- As a follow-up to a rehabilitation program, where allowed by statute.
- As necessary for the safety of employees, customers, or the general public were allowed by statute.

### Students

Students found to violate the University alcohol and drug related policies will be held accountable to the procedures outlined in the Student Code of Conduct, which can be found in the Student Handbook. Sanctions for violations include attendance at an alcohol and/or drug education workshop. The workshop educates students using a harm reduction model. Students need to know how their body responds to substances and understand the negative consequences of over indulgence. This program educates students about low-risk drinking, dealing with peer pressure, when to go to the hospital, when to get help and what they can do to help their friends that may be in trouble. Additional sanctions may include, but are not limited to, disciplinary probation, financial restitution, suspension or permanent expulsion from the University.

Students must also be aware that there are federal financial aid penalties for drug-related convictions – received prior to and/or while receiving aid – that can affect student eligibility to

receive federal financial aid. For additional information regarding federal financial aid and the implications of drug-related convictions, please visit the [Office of the US Department of Education's Federal Student Aid website](#).

## **PROCEDURES**

The Drug and Alcohol Abuse and Prevention Program (DAAPP) review will be distributed annually to all enrolled students and employees.

Distribution will occur electronically as an email message with both a link to the updated DAAPP and the updated DAAPP as an attachment.

Copies of the program may also be obtained at the Office of General Affairs located in campus building #302 at 730 N Euclid St. Anaheim, CA 92801 or by calling 714-683-1382 to request a copy.

## **HEALTH RISKS**

### Effects of Drugs and Alcohol

Although individuals often use drugs and alcohol to achieve a variety of effects on mind and body that are found to be temporarily useful or pleasurable, drugs can be highly addictive and injurious. A person can pay a price in terms of his or her physical, emotional, and social health. This price can be paid in a number of ways. The risk of contracting sexually transmitted diseases, including AIDS, is increased through unwanted or unprotected sex when one is under the influence of drugs or alcohol. Drugs can be the trigger for violent crime. Economic and legal problems usually follow directly when one tries to support a drug habit by resorting to crime. The dependence, illness, loss of job and loss of family or friends that can result from drug or alcohol use and abuse can be tragic. In keeping with the mission of Bethesda University and the requirements of State of California and federal law, Bethesda University has adopted this program to ensure a drug-free campus and workplace and to prevent the use of controlled substances and the abuse of alcohol.

### Health Risks Associated with the Use of Alcohol

#### Short Term Risks:

- Increased risks of accidents and injuries
- Alcohol-related traffic accidents
- Alcohol slows reaction time, decreases muscle coordination, and impairs vision
- Fatal overdose
- Unconsciousness or blackout

- Death by aspiration of vomit
- Nausea
- Gastritis

Long-Term Risks:

- Increased blood pressure
- Increased risk of heart attack
- Brain damage resulting in permanent psychosis
- Cancer of the mouth, esophagus or stomach
- Liver damage
- Ulcers and Gastritis
- Pancreatitis
- Birth defects
- In males: testicular atrophy and breast enlargement
- In females: increased risk of breast cancer
- Prolonged: excessive drinking can shorten life span by ten to twelve years

## **STUDENT ASSISTANT PROGRAM**

Students found to violate the University alcohol and drug related policies will be held accountable to the procedures outlined in the Student Code of Conduct, which can be found in the Catalog and Student Handbook. Sanctions for violations include attendance at an alcohol and/or drug education workshop. The workshop educates students using a harm reduction model. Students need to know how their body responds to substances and understand the negative consequences of over indulgence. This program educates students about low risk drinking, dealing with peer pressure, when to go to the hospital, when to get help and what they can do to help their friends that may be in trouble. Additional sanctions may include, but are not limited to, disciplinary probation, financial restitution, suspension or permanent expulsion from the University.

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### **Substance Abuse Program Guidelines by the Department of General Services of the State of California**

<http://www.dgs.ca.gov/OHR/Resources/Substance-Abuse-Program-Guidelines>

## **Drug and Alcohol Counseling, Treatment, and Rehabilitation:**

BU urges individuals with substance abuse problems to seek assistance and support. Students are encouraged to seek help through available national and community resources and hotlines including, but not limited to, the following examples:

- **National Council on Alcoholism and Drug Dependence, Inc. (NCAD)**  
Telephone: 1-800-NCA-CALL (622-2255)  
Website: <https://ncadd.org/>
- **Substance Abuse and Mental Health Services Administration (SAMHSA)**  
Telephone: 1-800-662-HELP (4357)  
Website: <http://www.samhsa.gov/>  
Treatment Finder: <https://findtreatment.samhsa.gov/>
- **National Institute on Alcohol Abuse and Alcoholism (NIAAA)**  
Telephone: 1-800-662-HELP (4357)  
Website: <http://www.niaaa.nih.gov>  
TreatmentFinder: <http://www.niaaa.nih.gov/alcohol-health/support-treatment>
- **National Institute on Drug Abuse (NIDA)**  
Telephone: 1-800-662-HELP (4357)  
Website: <http://www.drugabuse.gov/>
- **Alcoholics Anonymous (AA)**  
Telephone: see local telephone directories  
Website: <http://www.aa.org/>
- **Al-Anon**  
Telephone: 1-888-425-2666
- **National Cocaine Hotline**  
Telephone: 1-800-COCAINE (262-2463)

A list of Federal Trafficking Penalties for various drug offenses is located at [www.dea.gov/pr/legis.shtml](http://www.dea.gov/pr/legis.shtml) (*last accessed on November 24, 2014*)

## **BIENNIAL PROGRAM REVIEW**

The objectives of the biennial review as identified by the U.S. Department of Education include:

- Determining the effectiveness of the program and assessing/implementing any needed changes to the program.
- Ensuring that the disciplinary sanctions for violating the University's standards of conduct are enforced consistently.

Biennial review reports are maintained on file for submission to the U.S. Department of Education, if requested to do so. As is the case for many universities and colleges across the United States, drug and alcohol awareness efforts directed to Bethesda University students and employees focus on harm reduction and prevention. As well, the University fully supports those who choose to remain abstinent from the use of alcohol or other drugs, and it seeks to provide a broad array of activities that are alcohol- and drug-free.

### **Report Preparation**

The following College departments provided information and/or input for this report:

Office of General Affairs  
Human Resources  
ESL Director

**For further questions or assistance regarding the information outlined in this program, please contact:**

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