



Bethesda University

730 North Euclid Street, Anaheim, California 92801 Tel: (714)517-1945, Fax: (714)683-1440

MU407, MU548 Physical Phenomenon of Music Spring 2015

Professor, Kelly Kim	
Class Hour: 10:30 to 1pm	Class Room: Assigned classroom on 3rd floor
Office: NA	Phone: 714 222 0341
Office Hours/ Consultation: As needed basis	E-mail: lifeprojectsinc@yahoo.com
TA: TBA (To Be Arranged)	Credit Unit: 3

A. Bethesda University Mission Statement

Bethesda University is a Christ-centered community of higher education preparing Korean/English speaking men and women with professional competence, academic excellence, and spiritual integrity to be servant leaders in the Church, community, and global society.

B. Relationship of Course to Bethesda University's Mission

This course joins in the university's effort to equip the students with professional development of knowledge and skill to serve effectively in the assigned positions in the work force, church, and their communities. Knowledge on therapeutic usage of music will enhance and broaden the students' perspective on the role and strength of music in promoting positive changes in individuals and communities. The knowledge on diverse applications of music in any given setting or individuals including themselves will introduce alternative ways to use music as a therapeutic tool and as a profession.

C. Course Description

This course provides an introduction to studying the physical phenomenon of music and its significant influence on the world society and the inhabitants of the earth. The course will explore how music is a physical phenomenon beyond the playing and listening, but with scientific evidence, promote positive as well as negative influence on the human behavior and functioning. The course will teach how music influences the physical, emotional, and spiritual functioning of humans. The introductory knowledge base of this course will broaden and expand students understanding of music and its diverse applications.

D. Course Objectives & Student Outcomes

At the completion of this course, the student should be able to and demonstrate the following:

- A. Define, understand, and apply the theoretical knowledge of the physical phenomena of Music.
- B. Identify, present and explain examples of how physical phenomenon of music influences the diverse components of the physical, emotional, and spiritual aspects of people and conditions.



Bethesda University

730 North Euclid Street, Anaheim, California 92801 Tel: (714)517-1945, Fax: (714)683-1440

C. Identify how to apply the knowledge base into individual's vocational settings and develop Organized planned therapeutic usage of music.

	Expected Student Outcomes	Assessment Used to Measure Outcomes
Spiritually	1. Will be able to pray and share about faith in class. 2. Observe and state God's purpose in creating the gift of music to humanity. 3. Complete assignments that will allow students to experience therapeutic usage of music in the spiritual realm.	1. Students take turns praying for the class each week. 2. Researching the bible to find usage of music and its roles.
Intellectually	Gain knowledge base of music therapy as described in the course objectives.	Reading and summarizing materials. Presenting read materials into practical application. Analyzing case studies. Watching media files and participating in discussion.
Socio-Emotively	Experience value of individuals as the greatest instrument in therapeutic usage of music. Experience and recognize power of teamwork. Value of serving others with needs using music and discovering the process and benefits in serving people and communities.	Viewing and discussing through video files and class demonstrations. Group projects in creating therapeutic techniques for 10 clientele groups. Doing an individual project of planning a treatment plan for someone they know.
Vocationally	Be able to plan and create a music treatment session for selected patient group. Demonstrate ability to explain the physical aspects of music scientifically with researched data and examples.	Assessment worksheets Case analysis assignments In class interactive experiments and write ups.

E. Teaching/Learning Methods

Multisensory approach that includes the tools of: Reading materials, writing up summaries, analyzing cases, creating activities with music, watching video files, watching and imitating techniques demonstrated in class, individual and group projects, and research on interested clientele group.



Bethesda University

730 North Euclid Street, Anaheim, California 92801 Tel: (714)517-1945, Fax: (714)683-1440

F. Required Textbook(s)

No.	Title	Author	Publisher	Library code	Year
1	The Music Effect: Music Physiology and Clinical Applications	Daniel J Schneck, and Dorita S Berger	Jessica Kingsley	2005024506	2006
2	Music is Healing	Dr. Frances le Roux	Book Surge	1-4196-5157-9	2006

G. Recommended Reading and Other Course Resources (All reserved for reading)

Please, provide at least 5-10 recommended book on the subject and prioritize by importance and popularity. The library will try to buy those books if not already there.

No.	Title	Author	Publisher	Library code	Year
1	Introduction to approaches in Music Therapy	Alice-ann Darrow PhD, MT-BC editor	Music Therapy Ass	9781884914218	2008

H. Course Calendar/Schedule, include the following

N	Date	Theme	Reading	Assignments
1	2-27	Orientation, Review of Syllabus, Expectations and Grading. Introduction to physiological Response to music in humans and environments. Group experience.	Class Article	2 Video file reviews Article summary
Last Day to Request Add/Drop is Friday of First Week				
2	3-6	Music as a physical phenomenon researched data. Activity experience.	Class Article	Video summary Article summary
3	3-13	Scientific evidence of effect of music	Chapter 1	Text Book Chapter Summary Individual Research Outline
4	3-20	Scientific evidence of effect of music II. Class Experience. Video presentation	Chapter 2	Text Book Chapter Summary 2
5	3-27	Clinical Music defined. Levels of Music Experience.	Chapter 3	Text Book Chapter Summary
6	4-3	Therapeutic Tools – Assessment, Execution, Summary, Evaluation, Multidisciplinary Approach. Student Presentations.	Chapter 4-5	Text Book Chapter Summary Research Data Presentation
Easter Break				



Bethesda University

730 North Euclid Street, Anaheim, California 92801 Tel: (714)517-1945, Fax: (714)683-1440

7	4-10	Music with Children with emotional/mental health needs. Student Presentations continued.	Chapter 6	Text Book Chapter Summary
8	4-17	Music treatment with autism. Student Presentations continued.	Chapter 7	Text Book Chapter Summary
Last Day to Request Grade Withdrawal "W" is Friday of 8 th Week				
9	4-24	Music with people with brain injury and neurological damage.	Chapter 8	Text Book Chapter Summary
10	5-1	Music with people with psychological conditions.	Chapter 9	Text Book Chapter Summary Research paper topic outline
11	5-8	Music with Stress Reduction and Relaxation.	Chapter 10	Text Book Chapter Summary
12	5-15	Music in Religious Settings	Case Studies and ppt review	Observation Report
13	5-22	Case Analysis and student presentations.	Research Article	Case Study Presentations
14	5-29	Case Analysis and student presentations.	Research Article	Case Study Presentations
15	6-5	Individual Experimentation Presentations.	Research paper	Individual Research Experiment Write up and Presentation
Last Day to Request Grade Incomplete "I" is Friday of 15 th Week				
16	6-12	Final		Final Research Paper on one patient group or illness

I. Assignments

- Text Book Chapter Summaries
- 2 Video file review and summaries
- Two Research Case Study Presentations
- Individual Research Experiment Write up and Presentation
- Final Research Paper on one patient group or illness

J. Evaluation/Assessment Rationale for Grade Determination

1. Grade Assessment

- Level of understanding and detail displayed in written work and oral presentation.
- Demonstration of understanding exhibited during discussions and in class activities.
- Grade given based on Accumulative points.



Bethesda University

730 North Euclid Street, Anaheim, California 92801 Tel: (714)517-1945, Fax: (714)683-1440

2. Grade definition

- A Excellent
- B Good
- C Satisfactory
- D Poor
- F Failure

3. Grade scale

Letter Grade	Numeric Grade	Grade Points
A	95-100	4.0
A-	90-94	3.7
B+	87-89	3.3
B	84-86	3.0
B-	80-83	2.7
C+	77-79	2.3
C	74-76	2.0
C-	70-73	1.7
D+	67-69	1.3
D	64-66	1.0
D-	60-63	0.7
F	59 or below	0

K. Course Policies

1. Attendance, Preparation, and Participation:

- Attendance and active participation for all classes. Participation in class is imperative for the acquisition of knowledge and development skills. Classroom participation will be evaluated by the instructor as one aspect of the student's final grade.
- Preparation for class is expected and will be evaluated by the instructor through pop quizzes on materials covered in the previous class sessions and class assignments.
- Organized course notebook should be maintained by all students which can serve as a useful guide in the future. This will be inspected by the instructor.
- Professionalism in handing in written materials is a must. Failure to do so will be a failed grade for the assignment. All written assignments will not be accepted after 24 hours beyond the due date and time. Only doctors' notes will be considered for delayed submission.
- All written materials needs to use APA format when appropriate.



Bethesda University

730 North Euclid Street, Anaheim, California 92801 Tel: (714)517-1945, Fax: (714)683-1440

2. **Deadlines:**

All course work is due on the date and time assigned by the professor. Students who do not hand in assignments on time will be subject to the professor's late grading policies. In all other cases and unless otherwise stated by the instructor, all course work is due by 4:00 p.m. of the last day of the semester.

Incompletes will only be awarded to a student who cannot physically finish all their course work by the last day of the semester. (It is too late to request an incomplete after the semester has ended.)

Incompletes must first be approved by the Academic Dean's office.

3. **Advance Assistance:**

Will be assessed and decided on case by case. For non English speaking students, they may be granted additional assistance in the areas of comprehension and additional time to read and translate written materials.

4. **Assignment Options:**

No options. All students will be required to follow the class outline and adhere to the schedule without any exception. Dead line for assignment can be changed.

5. **Make up work:**

Make up work will be allowed for students experiencing unexpected physical and psychological illnesses, accidents, or family emergencies.

6. **Extra-credit work:**

Will be assessed and decided on case by case.

7. **Emergency procedures:**

In case of emergency, the students should contact the school and inform the instructor via email or phone call.

8. **Other policies on Withdrawal and Grade Permanence, Academic Integrity, and Appeals and Grievance procedures refer to the Student Handbooks and Catalog.**

The class will follow and adhere to the policies of Bethesda University accordingly



Bethesda University

730 North Euclid Street, Anaheim, California 92801 Tel: (714)517-1945, Fax: (714)683-1440

L. Support Services

In cases of significant difficulties experienced by the students due to illness or family tragedies, the instructor will work with the students and guide as needed for students to finish the course successfully.

M. Bibliography

- 1)L.Bunt, Music Therapy-An Art Beyond Words. (Routledge:1994)
- 3)M.Heal and T.Wigram, Music Therapy in Health and Education (Jessica Kingsley: 1993)
- 4)Bruscia, K. (Ed.) (1991). Case Studies in Music Therapy. Phoenixville, PA: Barcelona Publishers.
- 5)F.Schalwijk, Music and People with developmental disabilities; music therapy, remedial music making and musical activities, (Jessica Kingsley:2000)
- 6)T.Wigram and J.DeBacker, eds. Clinical Application of Music in Psychiatry (Jessica Kingsley:1999)
- 7)T. Wigram, B. Saperston and R. West, eds. The Art and Science of Music Therapy: a handbook (Harwood Academic: 1995)